



IMPORTANT DATES

OPEN/SWITCH ENROLLMENT

October 1, 2026 - October 30, 2026

CHANGES BECOME EFFECTIVE

January 1, 2027

NOTES FROM NMPSIA

Medical Premium Increases – 9.95% across all plan options, effective October 1, 2026.

Dental Premium Increases – 4% increase on High and Low Dental plan options, effective October 1, 2026.

Plan Design Changes – There are no plan design changes to be effective January 1, 2027.

EXPLORE

Visit the [Open/Switch Enrollment](#) webpage for a quick reference to *Open/Switch Enrollment Instructions, MyBenefits Portal Tutorials, Benefits Carrier's Recorded and Printable Presentations, "Find a Provider" links for each Carrier, Medical Plan Comparison Chart and Program Guide, direct link to the MyBenefits Portal for easy access, Benefit Premium Rates, and Frequently Asked Questions (FAQs).*

Valued NMPSIA Member,

The NMPSIA 2027 Open/Switch Enrollment is right around the corner! Take this opportunity to review your benefits options and choose the coverage that's right for you and your family.

Please follow these instructions to complete the Open/Switch Enrollment process by October 30, 2026.

Go to the [MyBenefits Portal](#) to make Open/Switch Enrollment changes and update your contact information.

To help you make an informed decision about your benefits you can also go to our [Open/Switch Enrollment](#) webpage for a quick reference to all that you should know about Open/Switch Enrollment.

You will receive a Confirmation of Enrollment for any changes or elections you make.

NOTE: Electing Long Term Disability, Additional Employee Life, and/or Additional Spouse Life is allowed any time of the year by submitting a request to your employer via the [MyBenefits Portal](#). *(Evidence of insurability and approval by The Standard will be required. If approved, the effective date will be determined as the first of the following month from the decision date.)*

The last day to enroll is October 30, 2026 and any changes you make will be effective January 1, 2027.

If you have questions or require assistance in completing your Open/Switch Enrollment and are unable to access the MyBenefits Portal, do not hesitate to contact your [employer's benefits department](#).

We are looking forward to a successful enrollment season!